

**Volunteers
Needed!**

4th Annual Day of the Tread

Sunday, October 24th 2010

This family-oriented, Halloween-themed charitable bike ride, walk and certified 5k/10k run will benefit **Casa Esperanza, The Carrie Tingley Foundation and The Leukemia and Lymphoma Foundation.**

If you enjoy bicycling, running, walking, dressing up in costume, or perhaps just having fun, please join our efforts by volunteering for this family fun, exciting event!

Participation guarantees a ghoulish good-time!

Please feel free to contact us for more information on how you can get involved!

www.dayofthetread.com

(505) 353-5349 - Debbie.Kiyono@jqh.com

(505) 353-5358 - Ronald.Mann@jqh.com

Albuquerque Embassy Suites Hotel & Spa

